

Spring Safety for Parents



Always make sure that children use the proper gear for the proper sport.



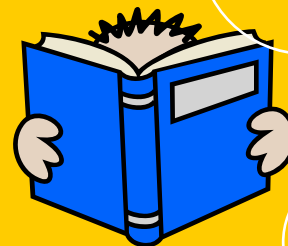
Keep kids hydrated during all play and sport activities.



Make sure equipment is not broken or damaged before kids use it.



Make sure kids look "left, right, left" before crossing the street. Kids under 10 years of age should only cross with an adult.



Read the rules posted on the playground. Only let kids play on equipment appropriate for their age.



Be aware of "second impact syndrome": 2 or more blows to the head in a short time frame. Do not let kids return to play without medical attention.



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